

Risk on Elder Abuse and Mistreatment - Instrument (REAMI)

Personal characteristics:

Date	
Gender	<input checked="" type="checkbox"/> male <input type="checkbox"/> female
Age	
Cohabiting?	<input type="checkbox"/> no, living alone <input type="checkbox"/> with partner <input checked="" type="checkbox"/> with children <input type="checkbox"/> with others

To which extent do you agree with the following statements about the older person and his environment? (please tick boxes)

A = I completely disagree
 B = I rather disagree

C = I rather agree
 D = I completely agree

PART 1

To which extent do you feel that:

	A	B	C	D
...the older person is dependent from one key figure ¹ ? (e.g. for care, finances, administration, housing, ...)				x
...the older person is isolated?		x		
...there are signals that the older person cannot handle the situation anymore? (e.g. signals of overburdening, fatigue, emotionality, irritation, short temper, indifference, feelings of powerlessness, frustration, anxiety...)				x
...the older person faces physical constraints, dementia, depressive symptoms, addiction, psychiatric or psychosocial problems?		x		
... radical and stressful changes in the life of the older person have recently occurred? (e.g. move house, death of partner ...)	x			
... there is a history of violence in the family?	x			
Total (Count how many times A and B, C and D are answered)				2

PART 2

To which extent do you feel that:

	A	B	C	D
... the relationship between the key figure and the older person is problematic? (e.g. stress, tensions, conflicts ...)				x
... the relationship between the key figure and his close environment is problematic? (e.g. stress, tensions, conflicts ...)	x			
... the key figure is dependent from the older person?	x			
... the care, provided by the key figure, for the older person is too much?	x			
... the care knowledge of the key figure is insufficient?	x			

¹ Older people (in particular in a caring context) often have a key figure. This might be for example the partner, one of the children (in-law), a neighbour or a professional caregiver. A key-figure is someone who is very close with the older person and has a close bond with him/her.

... the key figure is isolated?	x			
... there are signals that the key figure cannot handle the situation anymore? (e.g. signals of overburdening, fatigue, emotionality, irritation, short temper, indifference, feelings of powerlessness, frustration, anxiety...)	x			
... the key figure faces physical constraints, dementia, depressive symptoms, addiction, psychiatric or psychosocial problems?	x			
... the key figure has financial problems?			x	
... radical and stressful changes in the life of the key figure have recently occurred?	x			
Total (Count how many times A and B, C and D are answered)				2

PART 3

To which extent do you feel that:

	A	B	C	D
... there are signals of violation of rights? (e.g. hindered to read their mail, to meet friends or acquaintances ...)		x		
... there are signals of emotional abuse and mistreatment? (e.g. feeling anxious, ashamed, threatened by accusations, being belittled ...)		x		
... there are signals of neglect? (e.g. lack of getting dressed, groceries, meals, household ...)		x		
... there are signals of financial abuse and mistreatment? (e.g. forced to sign papers or to give money or goods, forced changes to a will, sudden unexplainable changes in the financial situation ...)		x		
... there are signals of physical abuse and mistreatment? (e.g. physically injured, assaulted ...)		x		
... there are signals of sexual abuse and mistreatment? (e.g. unwanted touching, obliged to undress himself ...)		x		
Total (Count how many times A and B, C and D are answered)				0

TOTAL SCORE OF THE REAMI

Note down the totals from the grey boxes, from part 1, part 2 and part 3.
Multiply these totals with the corresponding number (1, 10 or 1000).
Sum these three numbers.

Part 1:	2	X 1	= 2.....
Part 2:	2	X 10	= 20.....
Part 3	0	X 1000	= 0.....
Total REAMI score			22.....

TOTAL REAMI score	Explanation
0	The situation is good. There is no risk at all.
1 / 2 / 3 10 / 11	The older person has a low risk of elder abuse and mistreatment.
4 / 5 / 6 12 until 106	The older person has a moderate risk of elder abuse and mistreatment. At this moment, there might be no visible signs of elder abuse and mistreatment, there is however a moderate risk. Further attention is required.
1000 until 6106	There are indications that the older person is being abused. There is a high risk of elder abuse and mistreatment.