

SWIO English version

To which extent do you agree with the following statements?

(Please tick one box each time)

1= I completely disagree

4= I agree

2= I disagree

5= I completely agree

3= I neither agree nor disagree

	1	2	3	4	5
1. I can't solve some of the problems I have.					
2. I have little control over the things that happen to me.					
3. I often feel helpless in dealing with the problems of life.					
4. I have discovered a satisfying life purpose.					
5. I understand my life's meaning.					
6. I have a good sense of what makes my life meaningful.					
7. The conditions of my life are excellent.					
8. I am satisfied with my life.					
9. So far, I have gotten the important things I want in life.					